


JUNIOR HIGH MENU February 2012

 <div style="border: 1px solid black; padding: 5px; margin: 10px auto; width: 80%;"> <p>Breakfast Includes Choice of Milk and Juice</p> <p>Lunch Includes Entrée, Vegetable and /or Fruit, and Choice of Milk</p> <p>* Pork Containing Product.</p> </div> <div style="border: 1px solid black; padding: 5px; margin: 10px auto; width: 80%;"> <p>Non-Meat choice of grilled cheese sandwich or yogurt & graham crackers offered daily if main entrée items are not a non-meat item.</p> </div>	<p>1</p> <p>Breakfast Blueberry Muffin and *Scrambled Eggs w/Bacon & Cheese or Cereal & Toast</p> <p>Lunch Chef Salad w/Ham & Cheese Whole Wheat Crackers or Fiestada Pizza or Pan Pizza Corn Baby Carrots Pineapple & Kiwi or Fruit Juice</p>	<p>2</p> <p>Breakfast Breakfast Pizza or Cereal & Cinnamon Toast</p> <p>Lunch Oven Roasted Chicken Wheat Roll or Chicken Fried Steak Sandwich or Hot and Spicy Chicken Sandwich Mashed Potatoes Green Beans Sliced Peaches or Fruit Juice</p>	<p>3</p> <p>Breakfast Sausage Biscuit or Cereal & Toast</p> <p>Lunch Turkey Tetrizzini Wheat Roll or Cheese /*Pepperoni Pizza or Ham & Cheese Deli Sandwich Glazed Carrots Tossed Salad Frozen Fruit Bar or Fruit Juice</p>
<p>6</p> <p>Breakfast Dutch Waffle & *Little Smokies or Cereal & Toast</p> <p>Lunch Steak Fingers or Fish Nuggets Texas Toast or Hot & Spicy Chicken Sandwich Mashed Potatoes Black-eye Peas Mandarin Oranges or Fruit Juice</p>	<p>7</p> <p>Breakfast *Scrambled Eggs with Bacon & Cheese and Cinnamon Toast or Cereal & Cinnamon Toast Applesauce or Fruit Juice</p> <p>Lunch Chicken Nuggets Wheat Roll or Hamburger/Cheeseburger or Turkey & Cheese Deli Sandwich Sandwich Fixins Green Beans Oven Fries Red Grapes or Fruit Juice</p>	<p>8</p> <p>Breakfast French Toast & Sausage or Cereal & Toast</p> <p>Lunch Spaghetti w/Meat Sauce Garlic Toast or Grilled Chicken Sandwich or Pan Pizza California Vegetable Blend Tossed Salad Rosy Pears or Fruit Juice Celebration Cake</p>	<p>9</p> <p>Breakfast Breakfast on a Stick or Cereal & Cinnamon Toast Red Grapes or Fruit Juice</p> <p>Lunch *Pepperoni Calzone or Chicken Fried Steak Sandwich or Hot & Spicy Chicken Sandwich Celery & Carrots Sticks Steamed Broccoli Apple or Fruit Juice</p>
<p>13</p> <p>Breakfast Chicken Biscuit or Cereal & Toast</p> <p>Lunch Chicken Alfredo Texas Toast or Hot Piccolo Italian Sub or Hot & Spicy Chicken Sandwich Mixed Vegetables Sugar Snap Peas Rosy Pears or Fruit Juice</p> <p>Lunch Student - \$2.30 Reduced - \$1.25 Adult - \$3.00</p> <p>Breakfast Student - \$1.25 Reduced - \$.30</p>	<p>14</p> <p>Breakfast Breakfast on a Stick or Cereal & Cinnamon Toast Pink Grapefruit or Fruit Juice</p> <p>Lunch Bean Burrito or Hamburger/Cheeseburger or Turkey & Cheese Deli Sandwich Glazed Carrots Sandwich Fixins Oven Fries Frozen Juice Bar or Fruit Juice</p>	<p>15</p> <p>Breakfast *Scrambled Eggs w/Bacon & Cheese and Biscuit or Cereal & Toast</p> <p>Lunch Chef Salad w/Popcorn Chicken Whole Wheat Crackers or Breaded Chicken Sandwich or Pan Pizza Harvest Fries Whole Kernel Corn Fresh Orange or Fruit Juice</p>	<p>16</p> <p>Breakfast Pancakes &*Little Smokies or Cereal & Cinnamon Toast Cantaloupe or Fruit Juice</p> <p>Lunch Lasagna or Chicken Nuggets Wheat Roll or Hot & Spicy Chicken Sandwich Green Beans Baby Carrots Fresh Apple or Fruit Juice</p>
<p>17</p> <p>Breakfast Sausage Biscuit or Cereal & Toast</p> <p>Lunch Soft Taco or Cheese/*Pepperoni Pizza or Ham & Cheese Deli Sandwich Refried Beans Cheesy Broccoli Pineapple w/Kiwi or Fruit Juice</p>			

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Menu Subject to Change.

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February 2012

20
Presidents Day
No School



21

Breakfast
*Sausage Roll & String Cheese
or
Cereal & Toast

Lunch
Chicken Fried Steak or Chicken Tenders or Hot & Spicy Chicken Sandwich Biscuit
California Vegetable Blend
Mashed Potatoes
Apricots or Fruit Juice

22

Breakfast
Scrambled Eggs w/Cheese & Cinnamon Pastry or Cereal & Toast

Lunch
Orange Chicken or Steak Fingers
Wheat Roll or Pan Pizza
Brown rice
Winter Blend Vegetables
Baby Carrots
Apple or Fruit Juice

23

Breakfast
Chocolate Muffin & String Cheese
or
Cereal & Cinnamon Toast
Pink Grapefruit or Fruit Juice

Lunch
*Pepperoni Calzone or Corndog or Hot & Spicy Chicken Sandwich
Tossed Salad
Green Beans
Rosy Pears or Fruit Juice

24

Breakfast
Pancakes with *Little Smokies
or
Cereal & Toast

Lunch
Hot Dog w/Chili & Cheese
or
Cheese/*Pepperoni Pizza or Ham & Cheese Deli Sandwich
Steamed Broccoli
Glazed Carrots
Mandarin Oranges or Fruit Juice

27

Breakfast
Toaster Pastry w/String Cheese
or
Cereal & Toast

Lunch
BBQ Beef Sandwich
or
Cheesy/Beefy Nachos or Hot and Spicy Chicken Sandwich
Steamed Broccoli
Pinto Beans
Mandarin Oranges
or
Fruit Juice

28

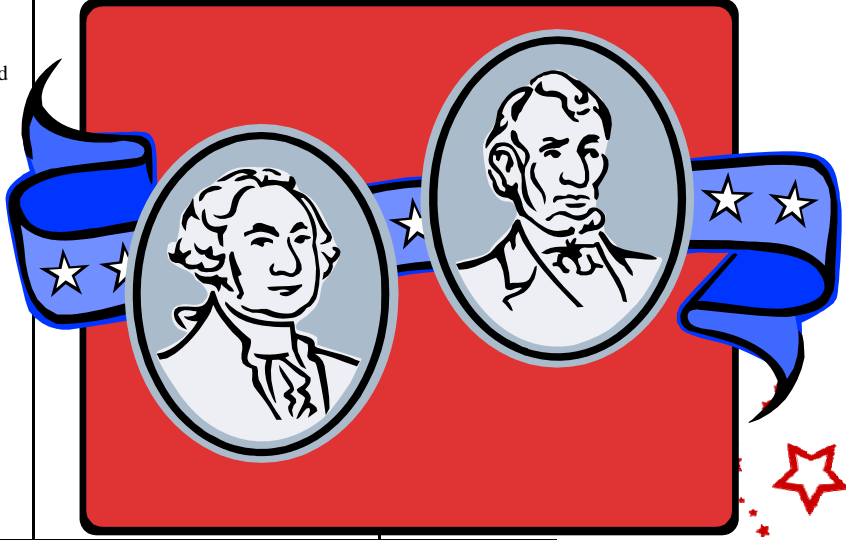
Breakfast
Pancakes w/*Little Smokies
or
Cereal & Cinnamon Toast
Banana or Fruit Juice

Lunch
Shrimp Poppers
Texas Toast or Hamburger/Cheeseburger or Turkey & Cheese Deli Sandwich
Sandwich Fixins
Oven Fries
Sonoma Vegetable Blend
Sliced Peaches or Fruit Juice

29

Breakfast
Blueberry Muffin and *Scrambled Eggs w/Bacon & Cheese
or
Cereal & Toast

Lunch
Chef Salad w/Ham & Cheese
Whole Wheat Crackers
Fiestada Pizza or Pan Pizza
Whole Kernel Corn
Baby Carrots
Pineapple & Kiwi or Fruit Juice



Breakfast
Student - \$1.25
Reduced - \$.30

Lunch
Student - \$2.30
Reduced - \$.40
Adult - \$3.00

Non-Meat choice of grilled cheese sandwich or yogurt & graham crackers offered daily if main entrée items are not a non-meat item.

Menu Subject to Change.

Breakfast
Includes Choice of Milk and Juice

Lunch
Includes Entrée, Vegetable and /or Fruit, and Choice of Milk
* Pork Containing Product.