



Arlington Coalition for Education and Arlington ISD

Presents

Leaders Inspiring Families for Excellence Academy
(L.I.F.E. Academy)

Register online at

<http://sites.google.com/site/arlingtoncoalition4education/>

Location: Workman Junior High School

701 E. Arbrook Blvd.

Arlington, Texas 76014

(Registration Open to all Arlington ISD High Schools and Junior High
Schools)

Saturday, February 25, 2012

8:30 am – 2:00 pm

*On Site Registration begins at 8:30am

WHO: Students and Parents

WHAT: An opportunity to broaden life skills

WHERE: Workman Junior High School, 701 Arbrook Blvd, Arlington,
Texas 76014

WHEN: Saturday, February 25th from 8:30am to 2:00pm

HOW: Fill out the attached registration form & return it to SOAR
Coordinator or register online by February 22nd at
<http://sites.google.com/site/arlingtoncoalition4education/>

FREE Breakfast & Lunch

DOOR PRIZES



LIFE ACADEMY FEBRUARY 2012

JUNIOR HIGH SCHOOL 7TH – 8TH GRADE REGISTRATION FORM

Name _____

Student (**Junior High School 7th–8th**) Parents/Guardian Educator Other

School student is currently attending: _____

Name of Parent/Guardian _____

Address: _____

Phone number: Home _____ Cell _____

Email address: _____

Transportation needed Number of People: _____

Childcare needed Number of Children: _____ (Age 3 & up *Potty Trained)

Workshop topics attached:

Please choose two (2) courses and one (1) alternate.

Please select letters A-F for course codes

1st choice: Course code: _____

2nd choice: Course code: _____

Alternate choice: Course code: _____

Workshop Topics for Students/Parents:

Parent Topics:

- A. **Early Warning Signs** - A workshop on identifying behaviors that indicate a child is at risk of truancy, academic failure, dropping out of school, and/or gang participation.
- B. **Parent Power** - A workshop on the importance of being involved in your child's school PTA Booster Club and other youth groups and how decisions made in these groups impact your child's life.

Junior High School Topics:

- A. **Amazing Brain** – An interactive workshop about the brain development in young people. Activities and discussions will include a lifespan timeline and brain functions based on brain research.
- B. **Choices vs. Chances** – “My Choices Can Lead to My Success or Failure” A decision-making workshop focused on taking responsibility for one's destiny. It will explore the choices we make and the chances we take and how one's choices can lead to their success or failure.
- C. **Healthy Emotions and Feelings – What does Health have to do with it? Growing up in a fattening world!** – A workshop to discuss how health impacts your emotions and feelings, concentrating on nutrition, tobacco and physical activity.
- D. **I Deserve Better – Unhealthy Relationships** – Abusive relationships can be with your peers and unfortunately even with adults. Workshop will educate students on healthy relationships and identifying early warning signs of the potential for abusive behavior. Topics include what is abuse, dynamics of abusive relationships, breaking up safely and how to help a friend.
- E. **Self Esteem Does Matter: Combating Bullying** – A workshop to discuss appropriate and positive behaviors to increase awareness of bullying and that it should not be tolerated. Will discuss with students signs of bullying and how they should handle/report it. Will discuss the importance of having high esteem for self and others.
- F. **You(th) Can Change the World** – In this workshop, youth will participate in a fun and interactive activity where they will identify their abilities and will be coached on how to serve, learn, and lead to affect change in their communities and the world. You(th) can make a difference.



ARLINGTON COALITION FOR EDUCATION LIFE ACADEMY – FEBRUARY, 2012

ESSAY CONTEST

TOPICS :

JUNIOR HIGH (7th-8th grade) – MY CHOICES CAN LEAD TO SUCCESS
OR FAILURE

SENIOR HIGH (9th-12th grade) – MY CHOICES DEFINE ME

PRIZES: IPAD AND OTHER PRIZES

DUE DATE: FEBRUARY 17, 2012

CONTEST RULES

The essay should be typed in 12 inch font and should be no more than 300 words, double spaced. It will be judged on the following points:

Clarity (making sense, having meaning, being clear)

Grammar and spelling

Following instructions

Adherence to the topic (sticking to the theme and your three main ideas)

All essay participants must put name, grade and school on the entry and MUST attend Life Academy on February 25, 2012.

HELPFUL TIPS FOR WRITING A 3.5 ESSAY

INTRODUCTION PARAGRAPH

This paragraph includes the theme (topic) and the three main ideas to support it.

1ST PARAGRAPH

This paragraph restates the first main idea and gives details to support it.

2ND PARAGRAPH

This paragraph restates the second main idea and gives details to support it.

3RD PARAGRAPH

This paragraph restates the third main idea and gives details to support it.

CONCLUSION

This paragraph is a summary, a wrap-up or a review of the ideas.