

CAS/AEF: Activity/Project Self-Evaluation (Long Term)

School Code:

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 School Name: James Bowie High School

Candidate Name: _____ Candidate Code:

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Activity/Project: _____

Hours: **C**

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A

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 Total Hours:

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Use the questions below to help you reflect on this activity and your participation in it. Give clear and complete answers. This form must be typed or written in black ink.

1. Summarize what you did in this activity/project and how you interacted with others. _____

2. Explain what you hoped to accomplish through this activity/project. Did you achieve your goals? _____

3. What did you learn about yourself and others through this activity/project? What abilities, attitudes and values have you developed? _____

4. How did this activity/project benefit others? _____

5. What might you do differently next time to improve your participation or the activity? _____

6. How can you apply what you have learned in other life situations? _____

Candidate's Signature _____ **Date** _____
(Your signature indicates that the above hours were completed by you.)

Activity Leader's Evaluation Report

Thank you for your leadership of this activity. Please rate this IB diploma candidate's performance in this activity by circling 5, 4, 3, 2, or 1 for each trait below.

The IB diploma candidate demonstrates:

	<u>Always</u>		<u>Sometimes</u>		<u>Never</u>
Commitment	5	4	3	2	1
Punctuality	5	4	3	2	1
Diligence	5	4	3	2	1
Initiative	5	4	3	2	1

This activity/project was (circle the desired response):

Satisfactorily completed

Not satisfactorily completed

Please use the available space to comment about the student's interpersonal and leadership skills.

Date: _____

Name of Activity Leader (PRINT): _____

Signature of Activity Leader: _____

Phone #: _____ E-mail: _____