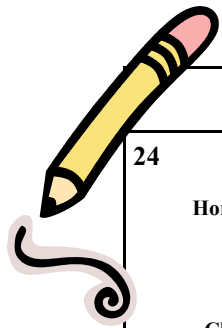


# August/September High School Menu



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Monday	Tuesday	Wednesday	Thursday	Friday
<p>24</p> <p><b>Breakfast</b> Honey Wheat Donut &amp; String Cheese or Cereal &amp; Toast</p> <p><b>Lunch</b> Chicken Fried Steak or Popcorn Chicken Texas Toast Mashed Potatoes w/Gravy Mixed Vegetables Chilled Peaches or Fruit Juice</p>	<p>25</p> <p><b>Breakfast</b> Waffle Sticks &amp; Sausage Patty or Cereal &amp; Cinnamon Toast</p> <p><b>Lunch</b> Double Meat Hamburger/ Cheeseburger or Fish Patty on a Bun Sandwich Fixins Oven Fries Mandarin Oranges or Fruit Juice</p>	<p>26</p> <p><b>Breakfast</b> Cinnamon Roll &amp; Scrambled Eggs w/Cheese or Cereal &amp; Toast</p> <p><b>Lunch</b> Spaghetti w/Marinara Sauce &amp; Meatballs or Shrimp Poppers Garlic Toast Tossed Salad Corn Fresh Fruit or Fruit Juice</p>	<p>27</p> <p><b>Breakfast</b> Sausage Roll or Cereal &amp; Pop Tart</p> <p><b>Lunch</b> *Pepperoni Calzone or Bean Burrito Baby Carrots w/Ranch Broccoli w/Cheese Sauce Fresh Fruit or Fruit Juice</p>	<p>28</p> <p><b>Breakfast</b> Biscuit Sandwich w/Egg Patty and Cheese or Cereal &amp; Toast</p> <p><b>Lunch</b> Chicken Fajita Wrap or Fiesta Salad w/Cornbread Green Beans Rosy Applesauce or Fruit Juice</p>
<p>31</p> <p><b>Breakfast</b> Cinnamon Pastry &amp; String Cheese or Cereal &amp; Toast</p> <p><b>Lunch</b> Chicken Nuggets or Macaroni and Cheese Texas Toast Baby Carrots w/Ranch Green Peas Frozen Fruit Bar or Fruit Juice</p>	<p>1</p> <p><b>Breakfast</b> Breakfast on a Stick or Cereal &amp; Pop Tart</p> <p><b>Lunch</b> Double Meat Hamburger/ Cheeseburger or Chicken Sandwich Sandwich Fixins Tator Tots Fruited Gelatin or Fruit Juice</p>	<p>2</p> <p><b>Breakfast</b> Pancakes &amp; Scrambled Eggs w/Cheese or Cereal &amp; Cinnamon Toast</p> <p><b>Lunch</b> Chef Salad w/Popcorn Chicken &amp; Saltine Crackers or Fish Bites w/Cornbread Broccoli w/Cheese Sauce Fresh Fruit or Fruit Juice</p>	<p>3</p> <p><b>Breakfast</b> Breakfast Pizza or Cereal &amp; Toast</p> <p><b>Lunch</b> Fiesta Salad or Orange Chicken Fresh Baked Roll Green Beans Rice Pineapple Tidbits or Fruit Juice</p>	<p>4</p> <p><b>Breakfast</b> Sausage Biscuit w/Gravy or Cereal &amp; Cinnamon Toast</p> <p><b>Lunch</b> Hot Dog w/Chili &amp; Cheese or Baked Potato w/Chili &amp; Cheese and a Fresh Baked Roll Corn Fresh Fruit or Fruit Juice</p>
<p>7</p> <p><b>Labor Day No School</b> Breakfast includes choice of milk and juice.  *Pork Containing Product.  Lunch includes entrée, vegetable and/or fruit, bread as listed &amp; choice of milk.</p>	<p>8</p> <p><b>Breakfast</b> Blueberry Muffin w/String Cheese or Cereal &amp; Toast</p> <p><b>Lunch</b> Chicken Tenders w/Texas Toast or BBQ Beef on a Bun Baby Carrots w/Ranch Baked Beans Rosy Applesauce or Fruit Juice</p>	<p>9</p> <p><b>Breakfast</b> Scrambled Egg w/Cheese and Bacon Taquito or Cereal &amp; Pop Tart</p> <p><b>Lunch</b> Meat Lasagna or Popcorn Chicken Garlic Toast Steamed Broccoli Fresh Fruit or Fruit Juice</p>	<p>10</p> <p><b>Breakfast</b> Sausage Roll or Cereal &amp; Toast</p> <p><b>Lunch</b> *Pepperoni Calzone or Cheesy/Beefy Nachos Tossed Salad Green Peas Pineapple Tidbits or Fruit Juice</p>	<p>11</p> <p><b>Breakfast</b> Breakfast on a Stick or Cereal &amp; Cinnamon Toast</p> <p><b>Lunch</b> Chicken Fried Steak or Turkey Tetrazzini Fresh Baked Roll Green Beans Sliced Peaches or Fruit Juice</p>

Meal Prices :

**Breakfast**  
Student- \$1.00  
Reduced- \$.30  
Adult- \$1.30

**Lunch**  
Student- \$2.25  
Reduced- \$.40  
Adult- \$2.75

### Grab 'n Go Meals

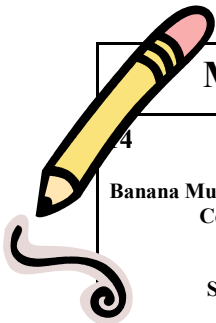
Mon. Ham & Cheese  
Tues. Cold Cut Sub  
Wed. Turkey & Cheese Wrap  
Thurs. Chef Salad w/ Turkey Ham  
Fri. Ham & Turkey on a Kaiser



### Combo Meals

Mon. Big Daddy's Pizza or Hot 'n Spicy Chicken Sandwich and Oven Fries  
Tues. Big Daddy's Pizza or Chicken Deluxe Sandwich and Oven Fries  
Wed. Big Daddy's Pizza or Hot 'n Spicy Chicken Sandwich and Oven Fries  
Thurs. Big Daddy's Pizza or Double Meat Hamburger/Cheeseburger and Oven Fries  
Fri. Big Daddy's Pizza or Hot 'n Spicy Chicken Sandwich and Oven Fries

# September Menu



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Monday	Tuesday	Wednesday	Thursday	Friday
<p>14</p> <p><b>Breakfast</b> Banana Muffin &amp; String Cheese or Cereal &amp; Toast</p> <p><b>Lunch</b> Steak Fingers or Breaded Cheese Sticks Texas Toast Mashed Potatoes w/Gravy Glazed Sweet Carrots Frozen Fruit Bar or Fruit Juice</p>	<p>15</p> <p><b>Breakfast</b> Breakfast Pizza or Cereal &amp; Cinnamon Toast</p> <p><b>Lunch</b> Double Meat Hamburger/ Cheeseburger or Hot Dog w/Chili &amp; Cheese Sandwich Fixins Tator Tots Rosy Pears or Fruit Juice</p>	<p>16</p> <p><b>Breakfast</b> Scrambled Eggs w/Cheese and Bacon and a Biscuit or Cereal &amp; Pop Tart</p> <p><b>Lunch</b> Chef Salad w/Turkey Ham &amp; Saltine Crackers or Soft Taco Corn Fresh Fruit or Fruit Juice</p>	<p>17</p> <p><b>Breakfast</b> French Toast w/Cinnamon Swirl and Sausage Patty or Cereal &amp; Toast</p> <p><b>Lunch</b> Cheese or Beefy/Cheese Nachos or Chicken Nuggets w/Roll Carrots w/Ranch Pinto Beans Fresh Fruit or Fruit Juice Celebration Cake</p>	<p>18</p> <p><b>Breakfast</b> Cheddar Stuffed Soft Pretzel And Applesauce Cup or Cereal &amp; Cinnamon Toast</p> <p><b>Lunch</b> *Pepperoni Calzone or Chicken Alfredo w/Roll Steamed Broccoli Sliced Peaches or Fruit Juice</p>
<p>21</p> <p><b>Breakfast</b> Honey Wheat Donut &amp; String Cheese or Cereal &amp; Toast</p> <p><b>Lunch</b> Chicken Fried Steak or Popcorn Chicken Texas Toast Mashed Potatoes w/Gravy Mixed Vegetables Chilled Peaches or Fruit Juice</p>	<p>22</p> <p><b>Breakfast</b> Waffle Sticks &amp; Sausage Patty or Cereal &amp; Cinnamon Toast</p> <p><b>Lunch</b> Double Meat Hamburger/ Cheeseburger or Fish Patty on a Bun Sandwich Fixins Oven Fries Mandarin Oranges or Fruit Juice</p>	<p>23</p> <p><b>Breakfast</b> Cinnamon Roll &amp; Scrambled Eggs w/Cheese or Cereal &amp; Toast</p> <p><b>Lunch</b> Spaghetti w/Marinara Sauce &amp; Meatballs or Shrimp Poppers Garlic Toast Tossed Salad Corn Fresh Fruit or Fruit Juice</p>	<p>24</p> <p><b>Breakfast</b> Sausage Roll or Cereal &amp; Pop Tart</p> <p><b>Lunch</b> *Pepperoni Calzone or Bean Burrito Baby Carrots w/Ranch Broccoli w/Cheese Sauce Fresh Fruit or Fruit Juice</p>	<p>25</p> <p><b>Breakfast</b> Biscuit Sandwich w/Egg Patty and Cheese or Cereal &amp; Toast</p> <p><b>Lunch</b> Chicken Fajita Wrap or Fiesta Salad w/Cornbread Green Beans Rosy Applesauce or Fruit Juice</p>
<p>28</p> <p><b>Breakfast</b> Cinnamon Pastry &amp; String Cheese or Cereal &amp; Toast</p> <p><b>Lunch</b> Chicken Nuggets or Macaroni and Cheese Texas Toast Baby Carrots w/Ranch Green Peas Frozen Fruit Bar or Fruit Juice</p>	<p>29</p> <p><b>Breakfast</b> Breakfast on a Stick or Cereal &amp; Pop Tart</p> <p><b>Lunch</b> Double Meat Hamburger/ Cheeseburger or Chicken Sandwich Sandwich Fixins Tator Tots Rosy Pears or Fruit Juice</p>	<p>30</p> <p><b>Breakfast</b> Pancakes &amp; Scrambled Eggs w/Cheese or Cereal &amp; Cinnamon Toast</p> <p><b>Lunch</b> Chef Salad w/Popcorn Chicken &amp; Saltine Crackers or Fish Bites w/Cornbread Broccoli w/Cheese Sauce Fresh Fruit or Fruit Juice</p>	<p>Breakfast includes choice of milk and juice. *Pork Containing Product.</p> <p>Lunch includes entrée, vegetable and/or fruit, bread as listed &amp; choice of milk.</p>	<p><b>Meal Prices :</b> Breakfast Student- \$1.00 Reduced- \$.30 Adult- \$1.30</p> <p>Lunch Student— \$2.25 Reduced- \$.40 Adult- \$2.75</p> <p>Menu Subject to Change</p>

## Grab 'n Go Meals

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## Combo Meals

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Thurs. Big Daddy's Pizza or Double Meat Hamburger/Cheeseburger and Oven Fries  
Fri. Big Daddy's Pizza or Hot 'n Spicy Chicken Sandwich and Oven Fries

Menu Subject to Change