

Foster November Menu 2009

Due to construction of a new freezer and cooler at Foster there are some minor changes in the menu for approximately 4-6 weeks.
Thank you for cooperating with us during this time of improving the kitchen facilities at Foster.

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2</p> <p>Breakfast Muffin w/String Cheese or Cereal & Toast</p> <p>Lunch Chicken Rings w/Texas Toast or BBQ Beef on a Bun Baby Carrots w/Ranch Baked Beans Frozen Juice Bar or Fruit Juice</p>	<p>3</p> <p>Breakfast Pancake Sandwich w/maple glaze or Cereal & Cinnamon Toast</p> <p>Lunch Hamburger/Cheeseburger or Taco Roll Sandwich Fixins Oven Fries Mandarin Oranges or Fruit Juice</p>	<p>4</p> <p>Breakfast Scrambled Egg w/Cheese and *Bacon Taquito or Cereal & Pop Tart</p> <p>Lunch Lasagna or Popcorn Chicken Garlic Toast Broccoli w/Cheese Sauce Fresh Fruit or Fruit Juice</p>	<p>5</p> <p>Breakfast *Sausage Roll or Cereal & Toast</p> <p>Lunch Macaroni & Cheese w/Roll or Corn Dog Tossed Salad Glazed Carrots Pineapple Tidbits or Fruit Juice</p>	<p>6</p> <p>Breakfast Breakfast on a Stick or Cereal & Cinnamon Toast</p> <p>Lunch Cheese/*Pepperoni Pizza or Turkey Tetrazzini w/Roll Green Beans Sliced Peaches or Fruit Juice</p>
<p>9</p> <p>Breakfast Banana Muffin & String Cheese or Cereal & Toast</p> <p>Lunch Steak Fingers w/Texas Toast or American Cheese Rolls Mashed Potatoes w/Gravy Glazed Sweet Carrots Frozen Fruit Bar or Fruit Juice</p>	<p>10</p> <p>Breakfast Breakfast Pizza or Cereal & Cinnamon Toast</p> <p>Lunch Hamburger/Cheeseburger or Hot Dog w/Chili & Cheese Sandwich Fixins Oven Fries Rosy Pears or Fruit Juice</p>	<p>11</p> <p>Breakfast Scrambled Eggs w/Cheese And *Bacon and a Biscuit Or Cereal & Pop Tart</p> <p>Lunch Chicken Tenders w/Roll or Soft Tacos Corn Fresh Fruit or Fruit Juice</p>	<p>12</p> <p>Breakfast French Toast w/Cinnamon Swirl and Sausage Patty or Cereal & Toast</p> <p>Lunch Cheese Nachos or Chicken Nuggets w/Roll Tossed Salad Refried Beans Fresh Fruit or Fruit Juice</p>	<p>13</p> <p>Breakfast Cheddar Stuffed Soft Pretzel or Cereal & Cinnamon Toast Applesauce Cup</p> <p>Lunch Cheese/*Pepperoni Pizza or Chicken Alfredo w/Roll Steamed Broccoli Sliced Peaches or Fruit Juice</p> <p>Menu Subject to Change.</p>

Meal Prices
Breakfast
Student - \$1.00
Reduced- \$.30
Adult - \$1.30

Lunch
Student - \$2.00
Reduced - \$.40
Adult - \$2.75

Lunch Includes Entrée, Vegetable And or Fruit, Bread as Listed and Choice of milk

Breakfast Includes Choice of Milk and Juice

*Pork Containing Product.

Foster Elementary Menu

Due to construction of a new freezer and cooler at Foster there are some minor changes in the menu for approximately 4-6 weeks.
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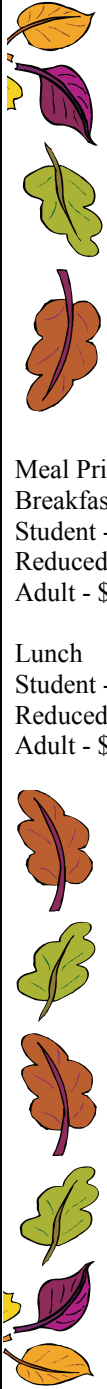


Breakfast Includes Choice of Milk and Juice

*Pork Containing Product.

Lunch Includes Entrée, Vegetable And or Fruit, Bread as Listed and Choice of milk

Monday	Tuesday	Wednesday	Thursday	Friday
16 Breakfast Honey Wheat Donut & String Cheese or Cereal & Toast Lunch Chicken Fried Steak or Popcorn Chicken Texas Toast Mashed Potatoes w/Gravy Mixed Vegetables Frozen Fruit Bar or Fruit Juice	17 Breakfast Waffle Sticks & Sausage Patty or Cereal & Cinnamon Toast Lunch Hamburger/Cheeseburger or Smoked Turkey & Cheese On a Croissant Sandwich Fixins Oven Fries Mandarin Oranges or Fruit Juice	18 Breakfast Cinnamon Roll & Scrambled Eggs w/ Cheese or Cereal & Toast Lunch Spaghetti w/Sauce & Meatballs or Shrimp Poppers Garlic Toast Tossed Salad Steamed Broccoli Fresh Fruit or Fruit Juice	19 Breakfast *Sausage Roll or Cereal & Pop Tart Lunch Holiday Feast Meal Roast Turkey Breast w/Dressing & Gravy or Chicken Nuggets Fresh Baked Roll Mashed Potatoes w/gravy Green Beans Cranberry Sauce Fruit Surprise Holiday Cookie	20 Breakfast Biscuit Sandwich w/Egg Patty and Cheese or Cereal & Toast Lunch Cheese/*Pepperoni Pizza or Fish Patty Sandwich Corn on the Cob Glazed Carrots Rosy Applesauce or Fruit Juice
23 Breakfast Cinnamon Pastry & String Cheese or Cereal & Toast Lunch Chicken Nuggets or Macaroni and Cheese Texas Toast Baby Carrots w/Ranch Green Peas Frozen Fruit Bar or Fruit Juice	24 Breakfast Breakfast on a Stick or Cereal & Pop Tart Lunch Hamburger/Cheeseburger or Chicken Sandwich Sandwich Fixins Tator Tots Rosy Pears or Fruit Juice	25 (Large Thanksgiving graphic overlay)	26 (Large Thanksgiving graphic overlay)	27 (Large Thanksgiving graphic overlay)
30 Breakfast Muffin w/String Cheese or Cereal & Toast Lunch Chicken Rings w/Texas Toast or BBQ Beef on a Bun Mashed Potatoes Baked Beans Frozen Juice Bar or Fruit Juice				



Meal Prices
 Breakfast
 Student - \$1.00
 Reduced- \$.30
 Adult - \$1.30

 Lunch
 Student -\$2.00
 Reduced - \$.40
 Adult - \$2.75

Menu Subject to Change.