


October Elementary Menu



Monday	Tuesday	Wednesday	Thursday	Friday
<p><i>National All</i></p>	 <p><i>Star Lunch Week 12-16</i></p>		<p>1</p> <p>Breakfast *Breakfast Pizza or Cereal & Toast</p> <p>Lunch Fiesta Salad or Orange Chicken Fresh Baked Roll Green Beans Rice Pineapple Tidbits or Fruit Juice</p>	<p>2</p> <p>Breakfast Sausage Biscuit w/gravy or Cereal & Cinnamon Toast</p> <p>Lunch Cheese / *Pepperoni Pizza or Baked Potato w/cheese & chili and a Roll Mixed vegetables Fresh Fruit or Fruit Juice</p>
<p>5</p> <p>Breakfast Muffin w/String cheese or Cereal and Toast</p> <p>Lunch Chicken Rings w/Texas Toast Or BBQ Beef on a Bun Baby Carrots w/Ranch Baked Beans Frozen Juice Bar or Fruit Juice</p>	<p>6</p> <p>Breakfast Pancake Sandwich w/Maple Glaze or Cereal & Cinnamon Toast</p> <p>Lunch Hamburger / Cheeseburger or Bean Burrito Sandwich Fixins Oven Fries Mandarin Oranges or Fruit juice</p>	<p>7</p> <p>Breakfast Scrambled Eggs w/Cheese and *Bacon Taquito or Cereal & Pop Tart</p> <p>Lunch Cheesy Burger Bake or Popcorn Chicken Garlic Toast Broccoli w/Cheese Sauce Fresh Fruit or Fruit Juice</p>	<p>8</p> <p>Breakfast *Sausage Roll or Cereal & Toast</p> <p>Lunch *Pepperoni Calzone or Corn Dog Tossed Salad Pineapple Tidbits or Fruit Juice</p>	<p>9</p> <p style="font-size: 2em;">No School.</p>
<p>12</p> <p style="font-size: 1.5em;">No School Columbus Day</p>	<p>13</p> <p>Breakfast Banana Muffin & String Cheese or Cereal & Toast</p> <p>Lunch Steak Fingers or Breaded Cheese Sticks Texas Toast Mashed Potatoes w/Gravy Glazed Sweet Carrots Frozen Fruit Bar or Fruit Juice</p>	<p>14</p> <p>Breakfast Scrambled Eggs w/Cheese And *Bacon and Biscuit or Cereal & Pop Tart</p> <p>Lunch Chef Salad w/Chicken Fajita Meat and Saltine Crackers or Soft Tacos Green Beans Fresh Fruit or Fruit Juice</p>	<p>15</p> <p>Breakfast French Toast w/Cinnamon Swirl and Sausage Patty or Cereal & Toast</p> <p>Lunch Cheese Nachos or Chicken Nuggets w/Roll Refried Beans Fresh Fruit or Fruit Juice</p>	<p>16</p> <p>Breakfast Cheddar Stuffed Soft Pretzel or Cereal & Cinnamon Toast Applesauce</p> <p>Lunch Cheese/*Pepperoni Pizza or Chicken Alfredo w/Roll Steamed Broccoli Sliced Peaches or Fruit Juice</p>

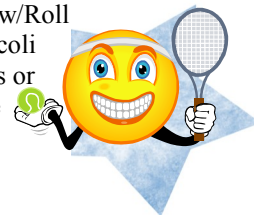
Breakfast Includes Choice of milk and juice

*Pork containing Product.

Lunch includes entrée, vegetable and or fruit, bread as listed and choice of milk

Meal Prices
Breakfast
Student - \$1.00
Reduced - \$.30
Adult - \$1.30

Lunch
Student - \$2.00
Reduced - \$.40
Adult - \$2.75



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Includes
Choice of
milk and
juice

*Pork
containing
Product.

Lunch
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bread as
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choice of
milk

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19 Breakfast Honey Wheat Donut & String Cheese or Cereal & Toast Lunch Chicken Fried Steak or Popcorn Chicken Texas Toast Mashed Potatoes w/Gravy Mixed Vegetables Frozen Fruit Bar or Fruit Juice	20 Breakfast Waffle Sticks & Sausage Patty or Cereal & Cinnamon Toast Lunch Hamburger/Cheeseburger or Turkey & Cheese Croissant Sandwich Fixins Oven Fries Mandarin Oranges or Fruit Juice Celebration Cake	21 Breakfast Cinnamon Roll & Scrambled Eggs w/Cheese or Cereal & Toast Lunch Spaghetti w/Sauce & Meatballs or Shrimp Poppers Garlic Toast Tossed Salad Green Beans Fresh Fruit or Fruit Juice	22 Breakfast *Sausage Roll or Cereal & Pop Tart Lunch *Pepperoni Calzone or Corn Dog Broccoli w/Cheese Sauce Fresh Fruit or Fruit Juice	23 Breakfast Biscuit Sandwich w/ Egg Patty and Cheese or Cereal & Toast Lunch Cheese/*Pepperoni Pizza Or Beef Rib Patty Sandwich Corn on the Cob Rosy Applesauce or Fruit Juice
26 Breakfast Cinnamon Pastry & String Cheese or Cereal & Toast Lunch Chicken Nuggets or Macaroni and Cheese Texas Toast Baby Carrots w/Ranch Green Peas Frozen Fruit Bar or Fruit juice	27 Breakfast Breakfast on a Stick or Cereal & PopTart Lunch Hamburger/Cheeseburger or Chicken Sandwich Sandwich Fixins Tator Tots Rosy Pears or Fruit Juice	28 Breakfast Pancakes & Scrambled Eggs w/Cheese or Cereal & Cinnamon Toast Lunch Chef Salad w/Popcorn Chicken & Saltines or Fish Bites w/Cornbread Broccoli w/Cheese Sauce Fresh Fruit or Fruit Juice	29 Breakfast *Breakfast Pizza or Cereal & Toast Lunch Fiesta Salad or Orange Chicken Fresh Baked Roll Green Beans Rice Pineapple Tidbits or Fruit Juice	30 Breakfast Sausage Biscuit w/Gravy Or Cereal & Cinnamon Toast Lunch Cheese/*Pepperoni Pizza or Baked Potato w/Cheese & Chili and a Roll Sweet Glazed Carrots Fresh Fruit or Fruit Juice



HAPPY HALLOWEEN

