

SEGUIN HIGH SCHOOL

Cougar Cross Country

2011 Schedule

Updated
5-19-11



<u>Wk</u>	<u>Date</u>	<u>Meet</u>	<u>Location</u>
1	Thurs Aug 19	Team Run	TBA
2	Sat Aug 27	Haltom Relays <small>360N, to 183W, exit Precinct Line go right (North), then turn left onto Harwood to TCC campus</small>	TCCC Northeast Campus, Hurst
3	Fri Sept 2	Elk Run <small>I-35 South to Wilshire go West, Follow Wilshire up to McDonald's and Wal-Mart...take left follow to park.</small>	Burleson
4	Fri Sept 9	Run of the Panther <small>1100 Bear Creek Parkway...Keller, TX 76248 Off of 1709 near hwy 377 in Keller</small>	Keller Sports Complex
5	Fri Sept 16	Cleburne Invite <small>Take I-35 to Burleson and exit Hwy 174 West. Follow 174 through Burleson and Joshua into Cleburne. In Cleburne Exit Hwy 67 West (To Glen Rose). This Exit is by the Albertson's and Home Depot. Follow 67 West to the first major exit for the Hospital (several miles). Follow to Henderson St/ Bus 67 at 1st Stop sign, go LEFT. Follow to Nolan River rd, go LEFT...school is up on the RIGHT.</small>	Cleburne High School
6	Fri Sept 24	Open	
7	Thur Sept 29	Metroplex Challenge	Haltom Course, N. Richland
8	Thur Oct 6	Ken Gaston <small>Silo Road to Sublet Rd, Right on Sublet, cross Hwy360, follow to Lake Ridge Pkwy, go right follow to park on left, just before marina.</small>	Lynn Creek Park, Grand Prairie
9	Fri Oct 14	Mansfield Invite	Mansfield Sports Complex
10	Thur Oct 20	District Warm-up	Haltom Course, N. Richland
11	Thur Oct 27	District Meet <small>Take I-35 to Burleson and exit Hwy 174 West. Follow 174 through Burleson and Joshua into Cleburne. In Cleburne Exit Hwy 67 West (To Glen Rose). This Exit is by the Albertson's and Home Depot. Follow 67 West to the first major exit for the Hospital (several miles). Follow to Henderson St/ Bus 67 at 1st Stop sign, go LEFT. Follow to Nolan River rd, go LEFT...school is up on the RIGHT.</small>	Cleburne High School
12	Sat Nov 5	Regional Meet	Mae Simmons Park, Lubbock
13	Sat Nov 12	State Meet	Old Settlers Park, Round Rock
14	Sat Nov 19	Nike Cross Regional	Bear Branch Park, The Woodlands
15	Sat Dec 3	Nike Cross Nationals	Portland Meadows - Portland, OR

Principal: Michael Hill

Athletic Coordinator: Courtney Phillips

Boys CC: Head Coach Michael Murphy
Asst. Coach Joe Baffa