

Alcohol



Arlington
INDEPENDENT SCHOOL DISTRICT
More Than a Remarkable Education

Brought to you by the
District Intervention Team

The most commonly used and
abused substance in the United
States

Alcohol is a
leading
preventable
cause of death-
CDC



Alcohol Facts and Stats:

- Ethyl alcohol (ethanol), is an ingredient found in beer, wine, and liquor. Alcohol is produced by the fermentation of yeast, sugars, and starches.
- Excessive drinking is associated with negative social determinants and health outcomes such as liver cirrhosis, pancreatitis, liver, mouth, throat, larynx and esophagus cancers, high blood pressure, suicide, unintended pregnancies, sexually transmitted infections, car crash deaths and several psychological disorders.
- More than 140,000 people die from excessive alcohol use in the U.S. each year.
- Excessive alcohol use shortens lives by an average of 26 years
- Severe alcohol withdrawal (delirium tremens) without medical intervention has a high mortality rate.
- Motor vehicle crashes involving alcohol kill 32 people every day in the United States..

If you see something, say something.