

CYH

# **Catch Your Heart Foundation Application**

**Deadline: April 24, 2026 by 3:00 pm**

There are many things in life that will catch your eye,  
but only a few that will catch your heart;  
pursue those. Michael Nolan

Selection for the Catch Your Heart Foundation Scholarship will be based on financial need, academic records (progression of achievement), school and community involvement, work experience, essay, letters of recommendation, FAFSA Submission Summary page and completeness of the application.

The amount of the Catch Your Heart Foundation Scholarship is \$1500 and a check will be made out directly to the school of higher learning & the student upon proof of enrollment. The purpose of this scholarship is to assist with the first year of tuition and fees to qualified Arlington High School students who will be attending a FAFSA eligible college, university or trade school.

Incomplete applications will not be considered. Students must graduate from Arlington High School in the Spring of 2026. The scholarship winner must enroll in a FAFSA eligible college, university or trade school in the summer/fall of 2026 or spring of 2027. **The scholarship winner must also return enrollment paperwork to Catch Your Heart Foundation, as soon as possible & no later than three weeks from your school's start date, in order to receive the funds.**

Name \_\_\_\_\_

Address \_\_\_\_\_

Phone # \_\_\_\_\_ Date of Birth \_\_\_\_\_

Parent/Guardian occupation \_\_\_\_\_

Prnt/Grdian occupation \_\_\_\_\_

Approximate family's annual income \_\_\_\_\_ 0-\$25,000 \_\_\_\_\_ \$25,000-\$50,000  
\_\_\_\_\_ \$50,000-\$75,000 \_\_\_\_\_ \$75,000-\$100,000 \_\_\_\_\_ \$100,000+

List work experience, duration of employment and number of hours worked per week while in school

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Community  
Involvement

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The best books I have read are

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The two people I admire most and why

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The best advice I ever received was

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If I could travel anywhere, I would go to \_\_\_\_\_ because

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Describe yourself in three words and explain why you chose each word

1.

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2.

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3.

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Any extenuating circumstances

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What college, university or FAFSA eligible trade school do you plan to attend

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Have you been accepted    Y        N

What do you intend to study?

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What are your goals within the next five years?

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Financial Resources (include financial aid, grants, loans, parental help, jobs, etc)

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CYH Provide the following information with the application:

1. **ESSAY:** Submit an essay of 500-700 words (double spaced, 12 pt Times Roman) telling us what the following quote means to you:

**There are many things in life that will catch your eye,  
but only a few that will catch your heart;  
pursue those.**

2. **TWO LETTERS OF RECOMMENDATION:**

One teacher recommendation and one personal recommendation (non-relative) or two teacher recommendations.

3. **HIGH SCHOOL TRANSCRIPT:**

Transcript which includes the fall semester of your senior year

4. **FAFSA SUBMISSION SUMMARY PAGE**

This page comes from your completed FAFSA form.

I understand that if I am chosen to receive a scholarship, my final approval is contingent upon completion of my high school requirements (graduation). If I do not meet this requirement, I relinquish any right to the Catch Your Heart Foundation Scholarship. I also understand that I must be enrolled in a FAFSA eligible college, university or trade school no later than the summer/fall of 2026 or spring of 2027. I must also return enrollment paperwork to Catch Your Heart Foundation as soon as possible & no later than three weeks from your school's start date..

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Applicant's Signature

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Parent/Guardian Signature

Return application, essay, recommendations, FAFSA Submission Summary & transcript by April 24, 2026 at 3:00 pm to:

Leila Perez, lperez3@aisd.net, Main Counseling Office, Arlington High School.  
If you have questions email [catchyourheartfoundation@gmail.com](mailto:catchyourheartfoundation@gmail.com) or contact Mrs. Perez at AHS.

