

Ask A THERAPIST Live

How to Support your Kids' Mental Health



Dec. 11

8 pm Eastern

7 pm Central

6 pm Mountain

5 pm Pacific

Don't miss the opportunity to ask questions from a licensed family therapist about your child's mental health.

Ask a therapist questions about youth mental health or parenting

Participation is anonymous

Register for the **live event** to get access to the replay

Dr. Kevin Skinner

is the Clinical Director and Co-Founder of Noble Health and ParentGuidance.org. He is also the author of several books on family relationships.

His methods are based on his own research stemming from more than 250,000 assessments and over 28 years experience. He is the father of eight children.



**Parent
Guidance.org**