



HOW TO REGISTER

Start your wellness journey today by creating an account on www.aisdwellnessprogram.com When you take part in **AI SD Wellness Program** you're given the tools you need to live well — learn your Health Score, find room for improvement, and start taking steps toward better health today.

AI SD Wellness Program helps make wellness fun. When you register for the program, you can dive into Targeted Programs to build healthy habits for a lifetime, or take part in Challenges to compete against your co-workers. With all the different features, **AI SD Wellness Program** offers wellness your way. When you register, let us know how you'd like to receive notifications — you can even choose to receive text message reminders.

- STEP 1** ▶
- Visit www.aisdwellnessprogram.com
 - Click **New User Registration**
 - Enter your last name and date of birth (DOB)
 - Enter your identifier: **Full 9-digit Employee SSN**
 - Enter the registration code: **arlingtonisd**

- STEP 2** ▶
- Create a user name (5 – 25 characters)
 - Create a password (8 – 12 characters) using letters (upper and/or lowercase), numerals, and/or special characters (such as @?#~!&^%)
 - Select a security question and answer and then click **Save**

Note: To protect your personal health information, always click **Log Out** at the end of the session.



• 888-VIVERAE (848-3723) • www.aisdwellnessprogram.com