

November **BE KIND**

November 13 is World Kindness Day

Mark Twain once said, "kindness is the language which the deaf can hear and the blind can see". Teachers and staff have the opportunity to model kindness to ALL students through our language and our classroom structure. In celebration of this month's theme, below are 6 simple strategies to help educators and students make every interaction count!



1 Encourage students to **help others**

- hold doors open for others
- hold a friend's books for them
- put litter in the trash can
- clean up a friend's area

2 Foster a positive environment built around **choice, variety, and uniqueness**

- offer options for seating
- let students choose books to read
- provide choice in assignment
- encourage alternatives to traditional participation

3 Provide students models of **nice words**

- display examples of kind words around your classroom

5 Praise examples of good **sharing** in others

4 Teach **empathy** by noticing emotions and responding

Don't say, "Make sure you share with each other."

Say, "Your friend was sharing her toys really well. That was very kind of her."

Don't say, "You look upset."

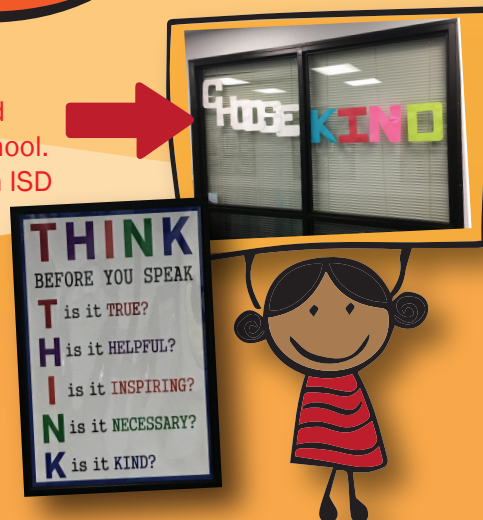
Say, "Are you okay? How can I help?"

6 Help students develop a **caring and kind identity**

Don't say, "That was a kind thing to do."

Say, "You are such a kind person."

A display of kind words and the THINK strategy in a school.
Pope Elementary, Arlington ISD



Six Simple Strategies

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