



## **School Health Advisory Council (SHAC) Meeting Minutes December 11, 2018**

### **I. Welcome & Introductions**

The meeting was called to order by Michael Hill, Assistant Superintendent of Administration and Outgoing District Contact. The following committee members were in attendance: Tammy Gonzalez, Kristine Morton, Charles Finicum, JoAnna Cardoza, Catherine Carlton, Stephen Wolters, Julia Alkire, Lauran Savell, Shana Nixon, Christina Blank, Kristen Hudson, Eric White, and Lisa Starr. Additional attendees were Annette Minnerly, Lindsey Gorman, David Stevens, Shelly Osten, Tori Sisk, David Lewis and Reny Lizardo. Mr. Hill introduced Lisa Starr as the new SHAC Chairperson, and Eric White, Athletic Director, as the new District Contact for the committee.

### **II. Review the Charge from the Board of Trustees**

Mr. Hill distributed the 2018-19 SHAC Charge from the Board of Trustees and the components were reviewed. Currently AISD has 77 campuses with approximately 60,000 students, and 70% of those students come from economically disadvantaged households.

### **III. Overview of 2017-18 SHAC accomplishments**

Mr. Hill reviewed three accomplishments of past SHAC committees.

1. Asthma 411
  - a. 700 doses of albuterol were administered to students last year
  - b. 300 doses have been administered so far this year
  - c. The program eliminates unnecessary ambulance rides and associated costs for parents, and also maximizes classroom instruction time for students
  - d. Partnership with JPS, UNT Health Services, and Cook Childrens Hospital
2. Stop the Bleeding
  - a. Provides a trauma kit to every campus and training to staff
  - b. Partnership with Texas Health Resources and Arlington Memorial Hospital
3. Flu Shots
  - a. Provided access to free flu shots for all AISD students
  - b. 3,838 students received flu shots this year through the program
  - c. Partnership with CareDox and Healthy Schools

### **IV. Overview of 2017-18 SHAC meetings**

Mr. Hill asked previous committee members if they enjoyed the length and detail given in last year's committee meeting presentations. Everyone agreed that they would be satisfied with less minutiae

and more overview. It was also suggested that committee members be allowed to preview presentations ahead of time and submit questions to maximize the speaker's time.

#### **V. 2018-19 SHAC Focus**

Mr. Hill charged the committee with deciding on a focus for the upcoming SHAC to be presented to the School Board for approval. He has some grant money that can be used to implement a program or programs necessary for success. Discussion ensued regarding the following ideas:

1. Mental Health
  - a. Could address problems from suicide prevention to behavior management to depression
  - b. Mr. Lizardo informed the committee of the implementation of the Hope Squad program on the Bowie High School campus
  - c. The Jordan Elizabeth Harris Foundation was also mentioned.
2. State of Recess/Physical Activity
  - a. Ensuring consistency and best practices among all AISD campuses to provide students with adequate recess and physical activity
  - b. TCU's Liink Project was mentioned – its focus is to implement four 15-minute unstructured, outdoor play breaks daily
3. Hunger
  - a. Addressing our current hunger problem and how this leads to other barriers such as decreased physical health, mental health, etc.
  - b. 73% of AISD students are on free/reduced lunches
4. Diabetes education
  - a. Address the growing problem of Type II diabetes in young people and how to educate the students and their families on prevention, access to care, and treatment
5. Athletics related injury assessment
  - a. How to prevent injuries for our student athletes, and how to best treat injuries that do arise
  - b. Possible focus on concussions

#### **VI. Next Meeting**

Next meeting will be held February 25, 2019, at the Mac Bernd Professional Development Center. Charles Finicum has volunteered to serve as SHAC Secretary moving forward.