

School Health Advisory Council Presentation

September 21, 2017 Michael Hill-Asst. Superintendent-Administration Charles Brady-Chair



Background

- Board policy FFA (LOCAL) calls for a School Health Advisory Council. (SHAC)
- The primary role of the SHAC is to assist the district in ensuring that the local community values are reflected in the health education instruction.
- The Board appointed members to the Council last Fall



Committee Members

Melodie Alexander Jackie Anderson Julie Bargainer Christina Blank Charles Brady-Chair Marcia DeChiara Harry Flood Lindsay Gorman Donna Gutierrez JaCoi James Lori Luisius Annette Minnerly Alyce Monroe Shana Nixon Theresa Riggs Cynthia Roberts Lori-Russell-Siemer Tamika Shorten Tori Sisk

Ernie Smith Starla Smith Juan Villarreal Stephanie West

AISD STAFF that provided assistance James Smith-Security Chris Gent-Security Scott Kahl-Human Resources Nell Fielding-Counseling



Meeting Dates

Date	Discussion Topic
February 13	Health Services
February 27	Food Services & Health/Physical Education
March 20	Guidance, Counseling & Support Services
April 3	Human Resources-Staff Wellness
April 17	Security
May 1	Commendations & Recommendations
May 15	Commendations & Recommendations



Eight Components of Coordinated School Health

- Nutrition Services
- Health Services
- Healthy & Safe School Environment
- Counseling and Mental Health Services
- Staff Wellness Promotion
- Parent & Community Involvement
- Physical Education
- Health Education



From the Committee

- Discussions/Recommendations
- Summary Statements

Charles Brady
Committee Chairman



Nutrition Services

- Meal purchases for at-risk students
- Balanced meal selection by students
- Reducing food waste
- Food options & taste
- Healthy vending options

The department does an excellent job providing a balanced meal for our students while meeting all of the challenging state and federal guidelines.



Health Services

- Vision services for students
- First aid training for staff members
- More visible website

The department does a great job collaborating with other departments in the district. Nurses are responsible for meeting the medical needs of some of the most medically fragile students on campuses. They create partnerships to provide dental and vision services for students and families. There is a large percent of CPR trained staff on the campuses and training is offered for staff who wish to be trained.



Healthy & Safe School Environment

- Random checks on visitors who visit schools
- Bullying and reporting bullying
- Safety drills
- Table top exercises with first responders
- Security officer training

The department does a great job of working to ensure that campuses are safe and secure and they work extremely well with the city first responders in a collaborative effort to respond to incidents.



Counseling & Mental Health

- Suicide
- Role of school counselor
- Sexual harassment
- Collaboration with Health Services

The department does a wonderful job collaborating with internal and outside departments to provide services for students. Last year alone the department partnered with UTA School of Social Work to provide services for over 450 students. The district pays for these services.



Staff Wellness Promotion

- Staff Wellness Program
- Partnerships with fitness clubs for employee discounts
- Employee Assistance Program
- Campuses share best practices for involvement

The district has implemented a campus wellness champion to assist with spreading the word and motivating staff at each campus around wellness. This is a stipend position.



Parent & Community Involvement

- Speakers bureau for health, social services, etc.
- Parent volunteers
- Market the department

This department does a great job each year with the Back to School event at AT&T Stadium. The department is developing a speakers forum to provide support and information to parent and community groups and PTA's. They work extremely hard to provide volunteer opportunities for all citizens who want to volunteer in our schools.



Health & Physical Education

- Child safety and health integration
- Fitness gram
- K-6 athletics
- After-school opportunities for elementary

The department does a good job making sure the staff is trained and the students needs are being met.

Currently we have over 500 staff members trained in CPR ready to respond to emergency needs.



Next Steps

As we work to meet the needs of the students and the community, we continue to monitor and adjust our approach and support the campuses and departments in their efforts.

