

SUPPORT YOUR CHILD MENTAL HEALTH MOMENTS SUMMER SERIES

Arlington Independent School District is partnering with ParentGuidance.org to deliver presentations throughout the summer, developed by licensed therapists. This series will be virtual, interactive, and is designed to help parents and caregivers support students. Registration, attendance and interactions are kept anonymous from other viewers.

TIME: 6:00-7:00 PM via Zoom

To Register Early...Click the link or scan the QR code



TUES. MAY 23
"Depression: You're
Not Alone"



<http://cookcenter.info/ArlingtonMay23>

TUES. 23 MAYO
" Depresión – Lo que
debe saber"



<https://cookcenter.info/Arlington23mayo>

TUES. JUNE 13
"Building Your Child's
Confidence"



<http://cookcenter.info/ArlingtonJune13>

TUES. 13 JUNIO
"Desarrollar la
confianza de su hijo"



<https://cookcenter.info/Arlington13junio>

TUES. JULY 11
"Your Child's Anxiety"



<https://cookcenter.info/ArlingtonJuly11>

TUES. 11 JULIO
"La ansiedad de su
hijo"



<http://cookcenter.info/Arlington11julio>

TUES. AUG 8

"Emotional Regulation -
Recognizing What's
Wrong"



<http://cookcenter.info/ArlingtonAug8>

TUES. 8 AGOSTO

"Regulación emocional
- Reconocer qué está
sintiendo"



<http://cookcenter.info/Arlington8agosto>

For more information please contact:

Eric Phillips Family Engagement Specialist - ephilli3@aisd.net

Stephanie Arceneaux - Guidance Counseling Coordinator - sarcenea@aisd.net