



Planning for a Baby?

Your Guide to Family Planning Benefits

Bringing a new family member into your life is a special moment. Arlington ISD is committed to helping our employees balance work and family with ease. We provide the time and resources needed for a smooth transition, ensuring you have the support you deserve during this exciting chapter.

Resources



Parental Leave

Eligible employees may receive up to 12 weeks of job protected unpaid leave through the Family Medical Leave act for recovery or "Bonding Time" with your newest addition!



TRS ActiveCare Medical Benefits

Did you know that medically enrolled participants have additional maternity benefits?

- Electric breast pumps at 100% (two per year).
- Hospital-grade breast pump rentals up to \$150 of the allowable amount (one per year).
- Lactation counseling at 100%, six visits per plan year.
- Ovia Health apps such as Ovia, Ovia Pregnancy and Ovia Parenting provide maternity and family planning support through your pregnancy with health trackers, videos, tips, coaching and more.
- 24/7 Nurseline that employees can call anytime at 1-833-968-1770.



Supplemental Benefits

- Did you know the AISD Hospital Indemnity Plan provides a special newborn cash benefit that covers \$500 per day (up to two days) of hospitalization for a newborn. This benefit is separate from the cash benefit the mother receives for her hospital admission.
- Short term disability income protection through the Hartford! Receive a portion of your income while you're out of work.

Benefits

Medical Qualifying Life Event

- **Must enroll newborn to the district medical plan within the first 31 Days of life.**
- Send an email to HRbenefits@aisd.net and attach newborn birth verification.

Disability Insurance

- **Must enroll within 31 days of hire, or open enrollment season.**
- Pregnancy is treated the same as a "sickness" under coverage.
- Benefit waiting period before benefits will be payable.
- For more information please review our benefits guide at: myaisdbenefits.net or you may also send an email to HRbenefits@aisd.net

Hospital Indemnity

- **Must enroll within 31 days of hire, or open enrollment season.**
- AISD Hospital Indemnity plan offered by Chubb.
- Benefits offered for self, spouse and family.
- For more information, please review our benefits guide at: myaisdbenefits.net or you may also send an email to HRbenefits@aisd.net