MHC COVID-19 Behavioral Services Update (As of 4/20/20)

This is a list of current services available to residents being provided by Mental Health Connection (MHC) member organizations. We remain committed to providing services to Tarrant County during these challenging times In order to do our part in helping reduce the spread of COVID-19, all services described here are heeding the shelter in place mandates as issued by Tarrant County Commissioner and are providing services virtually or by phone. We continue to discuss, research, and consider ways to safely connect and support those we serve, as well as the community, while staying healthy and keeping those around safe.

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CHECK THIS SPACE OFTEN AS WE KEEP YOU UPDATED ON SERVICE CHANGES DURING THE COVID 19 CRISIS!

MENTAL HEALTH CONNECTION OF TARRANT COUNTY

MENTAL HEALTH CONNECTION: COVID-19 Mental Health & Substance Use Services Update

As of 4/20/2020

HOTLINE All 24/7	**DESCRIPTION**	**AGENCY**
Icare Crisis Line **817-335-3022** **817-569-4488** (TTY-TDD)	*For mental health & substance use emergency support and referral*	**MHMR**
Rape Crisis & Victim Line **817-927-2737**	*For women or men who are victims/survivors of sexual assault, regardless of when event happened; family members may call*	**Women's Center**
Domestic Violence Crisis Line **877-701-7233**	*Survivors/Victims of intimate of domestic violence*	**SafeHaven**
Substance Use Info & Referral 817-332-6329	*Provides assistance to those using substances, their family, or public in accessing needed substance use services*	**Recovery Resource Council**

HELP LINE *Hours vary	**DESCRIPTION**	**AGENCY**
Dial 211 or 877.541.7905 *Press #6:* Coronavirus Needs *24/7	*Referral to services for basic needs (mental health, rent, utilities, transportation,)* ***Bilingual***	**211/ United Way**
Referral Helpline **817-333-4673** *24/7	*Call in line to assist families through crisis situations, provides referral sources to help.* ***Bilingual***	**ACH**
Family Helpline **817-806-9920** M – F* 9 am – 7 pm	*Crisis management, support, Info, & referrals for Parents/caregivers* ***Bilingual***	**Lena Pope**
Parenting Advice Line **817-332-6399** *M-F Noon – 3:00	*Free, confidential telephone line for concerned parents or caregivers with questions about raising children.* ***Bilingual***	**Parenting Center**
Tarrant Cares www.tarrantcares.org/	*Online info service for individuals, families, caregivers & agencies; mental health, Substance use, IDD, Veterans,…* ***English/Spanish***	**Coordinated by MHC & Tarrant County**
The Women's Center 817-927-4000	*Provides crisis management and resource referral.*	**The Women's Center**

MENTAL HEALTH CONNECTION OF TARRANT COUNTY

MENTAL HEALTH CONNECTION: COVID-19 Mental Health & Substance Use Services Update

As of 4/20/2020

COUNSELING SERVICES			Additional Services	Cost	Agency & Phone
Beh/Mental Health	**Sub Use Specific**	**Bilingual**			
X **All Populations**	**X** **All Populations**	**X**	*Psychiatry, Early Childhood, IDD, Housing*	Free, Medicaid, Insurance	**MHMR** **817-569-4300**
X **All Populations**		**X**	*Victims of sexual assault / other crimes*	Free; sliding scale, Medicaid, Insurance	**The Women's Center** **817-927-4040**
X **All Populations**		**X**		Free	**The Parenting Center** **817-332-6348**
X **All Populations**			*All populations, Veterans*	Fees, Medicaid, Insurance	**The Art Station** **817-921-2401**
X **Family, Children, Youth**		**X**	*X* *Psychiatry, Psychology*	Medicaid, Insurance, CCHCS	**Cook Children's** **682-885-3917**
X **Family, Children, Youth**		**X**		Free	**ACH** **817-335-4673**
X **Family, Children, Youth**		**X**		Free, Medicaid, Insurance	**CK Behavioral Health** **817-516-9100**
X **Adults, Children, Youth**		**X**	*X* *Psychiatry*	Self-pay, Medicaid, JPS Connect,	**JPS Outpatient Clinics** **817-702-3100**
X **Women, Children**		**X**	*X* *Domestic Violence*	Free	**SafeHaven** **877-701-7233**
X **Youth & their families**			*X* *Psychiatry*		**Girls to Women/Young Men's Health** **817-524-1811**
X **All Populations**	**X** Adults			Self-pay Medicaid, Insurance	**Lena Pope** **817-255-2500**
	X Adults, Children, Youth	**X**	*X* *Veterans, Homeless*	Most free, Self-pay	**Recovery Resource Council** **817-332-2828**
	X Youth, Family	**X**		Free	**Santa Fe Youth Svcs** **817-492-4673**
X All Populations		**X**		Self-pay, Insurance	**Telos Project** **682-841-1475**
X **All Populations**	X All Populations	**X**		Insurance	**PSP Professional Services** **817-626-6401**

MENTAL HEALTH CONNECTION OF TARRANT COUNTY

MENTAL HEALTH CONNECTION: COVID-19 Mental Health & Substance Use Services Update

As of 4/20/2020

CRISIS, OUTPATIENT, INPATIENT SERVICES						Cost	Agency & Phone
Behavioral /Mental Health			Substance Use Specific				
Crisis	Intensive Outpatient /Partial	Inpatient	Crisis	Intensive Outpatient /Partial	Inpatient		
X Crisis Team Crisis Respite	**X** All Populations	**X** All Populations	**X** Detox for Adults	**X** All Populations	X All Adults Male Adol. Veterans	Free, Medicaid, Insurance	**MHMR 817-569-4300 Crisis: 817-335-3022**
	X All Populations					Insurance	**Mind Above Matter 817-447-3001**
	X All Populations	**X** All Populations				JPS Connect, Insur, Self pay	**JPS 817-702-3100**
X Families, Children, Youth	**X** Families, Children, Youth	**X** Families Children, Youth				Medicaid, CCHCS, Insurance	**Cook Children's 682-885-3917**
X All Populations	**X** All Populations	**X** All Populations	X All Populations	X All Populations	X All Populations	Insurance	**Milwood Hospital 817-382-9603**
X Children,youth	**X** Children, youth	**X** Children, youth	X Detox	X Youth	X Youth	Insurance	**Perimeter Beh. Health 817-662-6342**

SHELTER	DESCRIPTION	AGENCY
Emergency Youth Shelter **(817) 335-4673** achservices.org/programs/promoting-safety-stability/	Ages 12-17. 24-hour immediate care & safe shelter for runaway, homeless, street youth, and trafficking survivors, while ACH works to reunite them with their families or find safe & stable housing	**ACH**

SHELTER	DESCRIPTION	AGENCY
Domestic Violence Shelter **817-335-4673** or **877-701-7233** safehaventc.org/safehaven-services/	For families fleeing from domestic violence Emergency shelters where survivors receive 24-hour care including basic needs, childcare and legal aid. **Limited Capacity with Coronavirus separation protocols in place**	**SafeHaven**

VIRTUAL MENTAL HEALTH COMMUNITY EDUCATION AND PARENTING TIPS		
Audience	**Topic** ***Services are free unless otherwise noted***	**Agency/Contact for More Info.** ***The links listed on side the page takes you directly Topic Info.***
Parents	**On-Line Parenting Classes** ($20/class) **Webinars** **Facebook Live**	**The Parenting Center** **817-332-6399** **http://theparentingcenter.org/services/**
Parents	**Podcasts**	**CK Behavioral Health** **817-516-9100** **https://www.ckfamilyservices.org/foster-family-matters/**
Parents and Children	***Real Help For Real People*** – short videos	**ACH** **817-335-4673** **https://achservices.org/covid-19-resources/**
Adults/Youth	**Learning Signs of Suicide / QPR**	**Jordan E. Harris Foundation** **682-207-5250** **https://jordanharrisfoundation.org/**
Parents	**COVID-19 Resources** – English & Spanish	**Cook Children's** **www.cookchildrens.org/coronavirus/Pages/default.aspx**

As of 4/20/2020

2020 Mental Health Connection Members

ACH Child & Family Services	817-335-4673	achservices.org/programs/real-help-for-real-life/counseling/
Alliance For Children	817-335-7172	https://www.allianceforchildren.org/
The Art Station	817-921-2401	https://www.theartstation.org/coronavirus-update
Challenge of Tarrant County	817-336-6617	http://challengetc.org/
Communities in Schools	817-446-5454	https://cistarrant.org/
CK Behavioral Health	817-516-9100	https://www.ckfamilyservices.org/programs-and-services/behavioral-health/
Cook Children's	682-885-3917	https://www.cookchildrens.org/behavioral-health/Pages/default.aspx
First 3 Years	972-310-4097	https://first3yearstx.org/coronavirus
FWISD (Family Resource Centers)	817.814.2870	https://www.fwisd.org/Page/5357
Girls to Women/Young Men's Health	817-524-1811	http://www.gtw-health.com/sc/adolescentsyoung-adult-health/
JPS	817-702-3100	https://jpshealthnet.org/get-care/services/behavioral-health
Jordan E. Harris Foundation	682-207-5250	https://jordanharrisfoundation.org/qpr-training
The Parenting Center	817-332-6348	http://theparentingcenter.org/services/counseling/
Mind Above Matter	817-447-3001	https://mindabovematter.com/
Lena Pope	817-255-2500	https://www.lenapope.org/lena-pope
Recovery Resource Council	817-332-6329	https://recoverycouncil.org/information-and-referral/
MaskOff	817-264-7250	https://www.maskoffpanel.com/
MHMR – Mental Health	817-569-4300	http://www.mhmrtarrant.org/Services/Mental-Health-Services
MHMR – Addiction Services	817-569-4300	http://www.mhmrtarrant.org/Services/Addiction-Services
Millwood Hospital	817-382-9603	https://millwoodhospital.com/
Perimeter Healthcare	817-662-6342	https://www.perimeterhealthcare.com/facilities/perimeter-behavioral-hospital-of-arlington/
PSP Professional Services	817-626-6401	https://www.pspcounseling.com/
SafeHaven	877-701-7233	https://www.safehaventc.org/safehaven-services/
Santa Fe Youth Services	817-492-4673	http://www.santafeyouth.org/our-programs-and-services/school-based-substance-use-services/
Tarrant County Club House		https://tcclubhouse.org/
The Women's Center	817-927-4040	https://www.womenscentertc.org/
Telos Project	682-841-1475	https://www.thetelosproject.org/
TCU Department of Social Work	817-257-7469	https://harriscollege.tcu.edu/social-work/
United Way of Tarrant County	817-258-8000	https://www.unitedwaytarrant.org/
Youth Advocate Programs	817-801-1612	http://www.yapinc.org/texas