

# STUDENT AT-HOME LEARNING

Ways to Support Your Child While Learning At Home



As your child engages in virtual learning, consider these steps to create a productive learning experience!

## BEFORE



### SCHEDULE

Assist your student in following his/her daily learning schedule provided.

### SET EXPECTATIONS

List what behaviors are expected in your home. Review the expectations frequently. Plan for what to do when expectations are not being met.

[Example](#) | [Example Copy](#) [PDE](#) [DOC](#)

### PREPARE THE LEARNING SPACE

Set up designated learning area with access to materials/technology. Prepare rewards and break activities.

SCHEDULE.  
EXPECTATIONS.  
PREPARE.

## DURING



### GO AT THE RIGHT SPEED

Assist your child in following the daily learning schedule and ensure he/she is completing assignments in a timely manner.

### ENCOURAGE

Give positive, specific praise frequently during learning time and as work is completed. To discover positive words to praise your child during learning time, view [Ways To Praise Effort In A Child](#).

- Example: "Great job in being responsible by finishing the first 5 questions, Johnny."
- Non-example: "Nice job."

Give correction in a positive, calm and informative way.

- Example: "I look forward to watching your favorite TV show with you when you complete your work."
- Non-Example: "You can't watch your favorite TV school show until your work is complete."

RIGHT SPEED.  
ENCOURAGE.  
TAKE BREAKS.

### TAKE BREAKS

Take planned breaks. Take additional breaks to reflect and cool down when you or your child are feeling frustrated.

## AFTER

REINFORCE.  
RELEASE.  
RELAX.



### REINFORCE

Give praise or rewards when your child meets expectations. Rewards should be reasonable and desired by your child. [Example](#)

### RELEASE

Intentionally end the learning time. Consider using a timer or activity to signal the end of the day's learning.

### RELAX

Get social (FaceTime, GroupMe, FaceBook, Family Movie Nights, etc.), physical ([Example](#)) and make time for yourself (time to reflect, journal, sleep).