



ARLINGTON ISD BENEFITS OFFICE STAFF

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INSURANCE PLANS PHONE NUMBERS 2023-2024

Program	Vendor	Group #	Phone Number	Website/Email
TRS ActiveCare Medical	BCBS	--	(866) 355-5999	www.bcbstx.com/trsactivecare
TRS ActiveCare Pharmacy	Express Scripts	--	844-367-6108	https://www.express-scripts.com/trsactivecare
Baylor Scott & White HMO Medical and Pharmacy	Baylor Scott & White	--	(844) 633-5325	https://trs.swhp.org/
Wellness Program	Go365	--	(800) 592-3009	www.Go365.com
TRS ActivecareTeladoc	BCBS	--	(855) 835-2362	www.teladoc.com/TRSActiveCare
Telehealth	MDLive	FBSBH	(888) 365-1663	www.mdlive.com/fbsbh
Health Savings Account (HSA)	ECCU	--	(817) 882-0800	www.eecu.org
Hospital Indemnity	MetLife	--	(800) 438-6388	www.metlife.com
Dental	CIGNA	3215836	(800) 244-6224	www.cigna.com
Vision	Davis Vision by MetLife	505648	(833) 393-5433	www.metlife.com/mybenefits
Disability	The Hartford	681065	(866) 547-9124	www.thehartford.com
Cancer	American Public Life	13139	(800) 256-8606	www.ampublic.com
Group Life and AD&D	Unum	Basic: 448241 Voluntary: 448242	(800) 445-0402	www.unum.com
Individual Life	5 Star	2446	(866) 863-9753	www.5starlifeinsurance.com
Long Term Care	Unum	94963	(800) 227-4165	www.unuminfo.com/ArlingtonISD
Pet Insurance	Nationwide	--	(800) 438-6388	www.petinsurance.com/myaisdbenefits
Legal Services	MetLaw	--	(800) 821-6400	www.legalplans.com
Identity Theft Protection	ID Watchdog	--	(800) 970-5182	www.idwatchdog.com
Flexible Spending (FSA) & Dependent Care Accounts	National Benefit Services	--	(800) 274-0503	www.nbsbenefits.com
Employee Assistance (EAP)	The Hartford	--	(800) 964-3577	www.guidanceresources.com
	Unum	--	(800) 854-1446	www.unum.com/lifebalance
Retirement Plans	Teacher Retirement Systems	--	(800) 223-8778	www.trs.texas.gov
403(b)	National Benefits Services	--	(800) 274-0503	www.nbsbenefits.com
457(b)	Redwood Financial	--	(817) 332-7995	www.redwoodfp.com
Third-Party Benefits Administrator	Financial Benefit Services	--	(866) 914-5202	www.fbsbenefits.com