211 Texas/United Way HELPLINE

Trained and Certified Specialists are available 24/7 365 days a year to assess caller’s needs, provide referrals, follow-up and advocate as needed. We maintain the most comprehensive database of not-for-profit, local and state government community resources accessible on-line at www.211texas.org

David Smith   dsmith@unitedwayhouston.org
211   www.211texas.org

AISD District Intervention Specialist

The District Intervention Specialists program is a support program for students and parents, providing early intervention and rehabilitation and referral services regarding alcohol, tobacco and drug use. The Intervention Specialist work to develop, implement and enhance educational programs of drug prevention in elementary and secondary schools. Further, the program provides substance abuse educational services to faculty and community members in order to promote safe and drug free schools and communities.

Judith Bazan, Diana Flores, Kevin McKinney, Marla Pollan, Erick Smedema, James Tucker

See brochure   www.aisd.net/intervention-specialist

AISD Parent and Community Engagement Department (PACE)

1141 W. Pioneer Pkwy. Arlington, TX 76013

The Parent and Community Engagement Department was created to provide opportunities for all members of our learning community to positively impact Arlington ISD students. The PACE Department provides parent empowerment workshops that covers four strands: parenting, health and wellness, home to school connections and personal and professional development. We also connect business, civic, faith based and college/universities organizations with campuses to directly impact AISD students success.

Aaron Perales   aperales@aisd.net
(682) 867-7715   www.aisd.net/pace
Alliance For Children
501 E. Border St. Arlington, TX 76010

Alliance For Children is committed to providing high quality prevention education and awareness programs in our community. All of our educational and community outreach is designed to empower adults and children to prevent child abuse. Our team of educators believe that, through prevention, we can raise awareness of the issue of child abuse and lessen the number of victims in Tarrant County.

Pera Claros
(817) 989-9075
pclaros@allianceforchildren.org

Arlington Police Department | Victim Services
620 W. Division St. Arlington, TX 76011

The Victim Services unit of the Arlington Police Department provides assistance to crime victims and their families. Services include crisis counseling, criminal justice support, information and referrals to local social service providers, notification and assistance with filing for Crime Victims’ Compensation benefits, and personal advocacy.

Youth & Family Specialist
PDVictimServices@arlingtontx.gov
817-459-5339
www.arlingtonpd.org

BasePoint Academy
11803 Classic Ln. Forney, TX 75126

BasePoint Academy is a privately owned PHP & IOP Outpatient that treats behavioral health and/or substance use in Teens 12-17 (18 if they are still in high school).

BasePoint Academy’s unique program has Psychiatry on-site 5 days a week, transportation services within 30 miles, a master prepared Education Counselor and a dually licensed clinician LPC/LCDC who works with those teens struggling with substance use in addition to mental health. Additionally, we provide VIRTUAL programming as an additional option for those families who want or need to remain in their home during the pandemic.

Lastly, we will be launching an additional location in or near Arlington in 2021!

Stacey Hayhurst-DelVal
(972) 325-2633
stacey@basepointacademy.com
www.basepointacademy.com
Brain Balance Achievement Center of Mansfield
1560 E. Debbie Lane, STE 100. Mansfield, TX 76063

We work with families to support students ages 4-24 who might be dealing with struggles academically, behaviorally, emotionally, as well as socially who might be looking for a permanent solution with a very holistic approach. We also work with students who may have previous diagnoses ranging from ADD, ADHD, Dyslexia, ODD, OCD, anxiety, depression, etc. Our mission is to tap into each students’ fullest potential.

Jessi Marcom  
mansfield@brainbalance.com  
(682) 400-4930  
www.brainbalancecenters.com

Center for Transforming Lives
512 West 4th Street. Fort Worth, Texas 76102

CTL offers women and their children throughout Tarrant County a centralized provider for comprehensive direct services that are trauma-informed and two-generational – meaning we work with women and their children. CTL’s services include rapid rehousing, transitional housing, an on-site emergency women’s shelter, clinical services, high-quality, affordable, year-round education at four childcare centers and three partner child development centers including Early Head Start and Head Start, and economic mobility services that aim to equip participants with the ability to increase income, decrease debt, increase credit scores, increase savings, operate at a positive budget, and build their small business.

Dolores Sosa Green  
dgreen@transforminglives.org  
(817) 332-6191  
www.transforminglives.org

Children & Family Services
PO Box 8212. Fort Worth, TX 76124

We provide case management services to pregnant women, infants and children on Medicaid.

Adrienne Johnson  
casemanager@adriennejohnson.com  
(817) 789-0116
Children First Counseling Center
202 College St. Grand Prairie, TX 75050

Children First can see clients starting at age 3 & up. We see children, teenagers, adults, & seniors. We are not taking insurance at the moment, we are providing our clients with grants that cover the cost of counseling, if we are unable to qualify the client for a grant we then do a sliding scale fee based on income and counseling can be anywhere from $0-$50 a week.

We provide:
- General Counseling- one on one
- Family Counseling
- Couples Counseling
- Grief Counseling
- Sand Therapy
- Play Therapy
- Batterer Intervention and Prevention Program (BIPP)

Darcy Harris  office@childrenfirstinc.org
(972) 264-0604

ChristianWorks for Children
2214 Hemphill St. Fort Worth, TX 76110

ChristianWorks for Children is a counseling center for children ages 4 yrs -18 yrs, and adults. We serve individuals and families and have Spanish speaking counselors. We also specialize in grief, and offer free support groups for grief and divorce as well as offer a free grief camp in the summer. We offer free counseling and parenting classes to pregnant and parents of children 36 months and younger.

Janet Johnston  jjohnston@christian-works.org
(817) 502-7789  www.christian-works.org
CK Behavioral Health
320 Westway Place, Suite 530, Arlington, Texas 76018
Behavioral Health, Mental Health and Case Management Services for children covered by Medicaid.

- Larry Partin MA, LPC-S
  lpartin@ckbh.org
- (817) 516-9100
  www.ckbh.org

Community Care Counseling
2727 LBJ Freeway, Suite 568, Dallas TX
We offer:
• Psychosocial-Individual
• Psychosocial-Group
• Crisis Intervention
• Medication Training & Support Services
• Psychosocial Rehabilitative Services
• Skills Training and Development Services
• Academic Support
• Day Programs for Acute Needs
• Case Management
• Out-Patient Therapy
• Med Management

- Steven Carter
  admin@cccoftexas.com
- 1 (800) 565-2411
  www.ccccoftexas.com

Compassion Family Counseling
2214 Michigan Ave. Ste. F   Arlington, TX 76013
Additional locations in Mansfield & North Richland Hills
Compassion Counseling provides support, encouragement, and compassion to children, adolescents, adults, and families. Our goal is to offer the best services we can at an affordable rate. We work with individuals, couples, and families who struggle with numerous things: Abuse, anger, anxiety, depression, grief, self-esteem, stress management, and much more. We are in network with some insurance companies, provide sliding scale fees and offer assessments.

- Meredith Ivey
  info@compassioncounseling.us
- (817) 723-1210
  www.compassioncounseling.us
**Dental Health Arlington**

*501 W. Sanford #11 Arlington, TX 76011*

We provide access to dental care with low cost dental treatments to residents of Tarrant County. Our services are very similar to what you would find in a private dental practice at a fraction of the cost. Patients must provide proof of residency, photo ID and proof of income with pay stubs or of government assistance proving low income status. There is a $45 fee for the initial appointment. Patient is given a treatment plan and options for payment arrangement. This is all done in the DHA Dental Clinic located in Arlington Human Services Center on Sanford Street. The SMILES (Sealing Molars Improves the Lives of Every Student) Program We provide no cost, preventive services to AISD students in Title 1 Schools. We provide dental screenings, oral hygiene instruction, nutritional counseling, and give them a toothbrush. If they are healthy, we place decay-preventing sealants and fluoride on their teeth. We send information home to parents if they are in need of dental services and refer them back to their dental home. If they do not have a dental home and they have no insurance, they can be referred to DHA dental Clinic for low cost treatments. If they are in severe pain or have severe infection impeding their learning, we offer that emergency service for free until they can get to a regular dentist.

- **Nancy Blinn, RDH,** Executive Director  
  [Email](mailto:info@dentalhealtharlington.org)  
  [Phone](tel:(817) 277-1184)  
  [Website](https://www.dentalhealtharlington.org)

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**Empowering Minds Counseling Services**

*2045 SE Green Oaks Blvd. Arlington, TX 76018*

Empowering Minds Counseling Services provides services for individual and group counseling, ages 14 years and up. Specialized services are available for junior high and high school students experiencing issues with anxiety, depression, grief, school issues, peer relationships and self-esteem. Insurance plans and discount referral rates for AISD students are welcomed.

- **Electra Kitchin, M.ED., LPC-S**  
  [Email](mailto:empoweringmindservices@gmail.com)  
  [Phone](tel:(214) 307-4070)  
  [Website](https://www.Psychologytoday.com)
Fort Behavioral Health
7140 Oakmont Boulevard, Fort Worth, TX 76132

Fort Behavioral Health in Fort Worth, Texas reaches out to the community with adult and adolescent addiction treatment programs. The dual-licensed addiction treatment center provides the programs, therapy, and treatment Texas residents deserve.

Evergreen Path is a residential program, for adolescents ages 14-17 seeking treatment for substance use and co-occurring mental health disorders. The program also takes those with primary mental health disorders.

Camp Worth is for youth ages 11-17 with autism spectrum disorder, a residential treatment center can provide both targeted, individualized therapy and 24/7 care.

่อ  Cynthis Cuellar  ณ  cynthia.cuellar@fortbehavioral.com
ério (817) 994-6365 ério www.fortbehavioral.com

Gladney Center for Adoption
63200 John Ryan Dr. Fort Worth, TX 76132

For more than 130 years, Gladney has been a pioneer and leading voice for improving the lives of children, adoptive families and birth parents. With unwavering commitment, we have focused on our mission and made a difference in the lives of birth parents, families and children in the United States and around the world. We believe every child deserves a loving & caring family and we will not rest until all children know the love and stability of a forever home. Counseling Rest and Respite Medical Care Financial Support Legal Services Living at Home Next Steps Networks and Support.

่อ Amy Smith ณ amy.smith@gladney.org
ério 817-915-2835 ério www.gladney.org
Goodwill Industries of Fort Worth

4005 Campus Drive, Fort Worth, TX 76119


Kristen Williams
kbostick@goodwillfw.org
(817) 332-7866
www.goodwillfortworth.org

Hope Tutoring Center

2020 S Collins St, Arlington, TX 76010

Our aim is to empower 3rd-8th graders to reach their full academic potential through free, individualized tutoring.

Meredith Moore-Freeman
admin@hopetutoring.org
(817) 860-7757
www.hopetutoring.org

Innovations and Mesa Springs Hospital

4935 S. Collins St. Suite 101, Arlington TX, 76018
*Multiple locations

Innovations: Provides both a Partial Hospitalization Program (PHP) and Intensive Program (IOP) for children in elementary, middle, and high school. Innovations provides therapies for ages 5-18 (if still enrolled in school). We offer free transportation and a private, accredited academic curriculum.

Mesa Springs: Newly constructed 72-bed behavioral health hospital offering inpatient and outpatient mental health and addiction treatment to adults, adolescents, and their families. Treatment and therapy is provided for ages 12 and up. Open 24-7 and no-cost assessments.

Karly Taylor
karlytaylor@spsh.com
817-372-4422
www.mesasprings.com
**LoneStar Autism Solutions**

2801 Osler Dr. Bldg A, Grand Prairie, TX 75051

Our clinic provides Applied Behavior Analysis services for children ages 2-10. These are primarily children diagnosed with autism. We work on social and communication skills, self-help, behavioral concerns and other areas to bring children’s skills closer to their typically-developing peers.

- **Kathleen Lively**
  - Email: lively-kathleen@rvbh.com
  - Phone: (817) 522-5052
  - Website: www.lonestarsolutions.org

**Mariposa Counseling Center**

725 E. Lamar Blvd, Arlington TX

We provide therapy for children 2-18, as well as adults. We specialize in ADHD, school or behavioral problems, grief, anxiety and divorce. We are also available to attend school meetings such as RTI, 504, or ARD’s to help advocate for the child and work with the schools.

- **Valerie Reyna**
  - Email: mariposacounselingcenter@gmail.com
  - Phone: 817-789-4960 Ext. 101

**Millwood Hospital & The Excel Center**

1011 N Cooper Street, Arlington, TX 76011
1220 W. Presido Street, Ft. Worth, TX 76102

**Millwood:** Inpatient hospital for mental health and chemical dependency for ages 5 & up.

**The Excel Center of Ft Worth:** Partial hospitalization/day treatment for ages 5 to 18 meeting the emotional, behavioral and substance use needs.

Excel Center: Day Treatment Program with PHP (Partial Hospitalization) and IOP (Intensive out-patient program), 4 hours group therapy/day and a TEA Accredited School on campus treating youth behavioral health issues such as suicide ideation, anxiety, mood disorders, anger, aggression, self-harm, etc.

**Excel Center Arlington:** PHP / IOP ages 12-18. Mon-Fri from 9:00am-3:00pm. Transportation offered

- **Amy Taylor**
  - Email: amy.taylor2@uhsinc.com
  - Phone: (832) 453-7625
  - (817) 261-3121
  - Website: www.millwoodhospital.com
Mind Above Matter

1215 W. Randol Mill Rd. Arlington, TX 76012

We are passionate about people at Mind Above Matter and provide outpatient mental health services with CARE - Compassion, Advice, Relief, & Empathy! Our CARE team consists of counselors, therapist, clinicians and psychiatric providers. We will work together to create an individualized treatment plan and get you connected with the services best fit for your needs. As a CARE team of professionals, our services include multiple options of outpatient mental health CARE for adolescents and adults. These services include monthly counseling, medication stabilization, and daily mental health programs. We aim to give quick access to quality services and accept most insurance programs including some types of Medicaid. We have three locations in Arlington, Burleson, and Keller, additional satellite school locations in several school districts, and virtual services options. We know every person has different needs, and we work collaboratively with every person, our team, and the community to provide great CARE!

For scheduling or referrals please contact our call center, or for additional questions or community support please call Michael Chaney

- Call Center (817) 447-3001
- Michael Chaney’s cell (817) 691-2197

Info@mabovem.com or michael.chaney@mabovem.com

www.mindabovematter.com

Mission Arlington/Mission Metroplex

210 W South Street, Arlington, TX 76010

Mission Arlington / Mission Metroplex provides food, furniture, clothing, medical & dental care, rent & utility assistance, counseling, transportation to medical appointments, and to some schools. All of these services are provided at no cost to the people in need. MA/MM also offers after-school programs, sports camps, summer camps and bible studies in over 350 locations.

Tillie Burgin

(817) 277-6620

mission@missionarlington.org

www.missionarlington.org
My Health My Resources (MHMR) The Youth Center

*Fort Worth Location: 1527 Hemphill Street, Fort Worth, Texas 76104
Arlington Location: 601 W. Sanford Street, Arlington, Texas 76011*

The Youth Center provides treatment for youth, ages 6-17, with behavioral/emotional disorders and their families. Our clinics utilize a trauma informed, comprehensive service approach with an emphasis on community and family-based care. Services include: Individual and Family Therapy, Skills Training, Case Management, Parent Support, and Psychiatric Services. Specialized programs include: Juvenile Justice Programs, YES Waiver, and Foster Care Services.

Mallory Rasmussen,
LCSW | Youth Advocacy
Program Director

mallory.rasmussen@mhmrhc.org

(817) 569-4185

www.mhmrtarrant.org

New Day

*P O Box 171722, Arlington, TX 76003*

NEW DAY volunteers pack and deliver bags of weekend food to AISD students who face food insufficiency. Contact is made with the school counselors.

Martha Kinnard or Earlene Pike

Newdayarlington@gmail.com

(582) 238-0338 or (817) 703-1365

www.newdayarlington.org

Perimeter Behavioral Hospital of Arlington

*7000 U.S. 287 Frontage Rd, Arlington, TX 76001*

Psychiatric inpatient behavioral health hospital for children and adolescents ages 5-17. Also providing presentations and education for youth, professionals, and the community.

Shantrice McWilliams-Dolphus

smcwilliams-dolphus@perimeterhealthcare.com

(682) 218-2943

www.perimeterhealthcare.com/facilities/perimeter-behavioral-hospital-of-arlington
Play it Safe!® A Program of The Women’s Center of Tarrant County
1723 Hemphill, Fort Worth, TX 76110

Play it Safe!® is a child abuse prevention and awareness program offered at no charge for Pre-K through high school students, classroom by classroom. Each grade level presentation is age-appropriate and helps students to recognize, react and report abusive situations. Program is available VIRTUALLY for all grades! Free workshops are also available for professionals and parents/caregivers. Contact Amelia Reinwald with Community Education for details or to schedule a presentation.

’amelia reinwald@womenscentertc.org
(817) 927-4039
www.playitsafe.org

Real Help For Real Life By ACH Child and Family Services
3712 Wichita Street, Fort Worth, TX 76119

Whether it’s a conflict at home or school, depression or anxiety, anger management issues, school attendance or behavior problems, reckless and criminal behavior, or thoughts of running away - we are here to help youth ages 6 -17 and their families with FREE Youth and Family Counseling and FREE Skill Building classes

Greta Hallgren
info@achservices.org
(817) 335-HOPE (4673)
www.realhelpforreallife.org

Reilly Counseling PLLC
1301 E Debbie Lane, Mansfield, TX 76063

Reilly Counseling provides secure online services to middle school and high school students. I help tween, teens and their parents find relief when experiencing stress, anxiety, or trauma. Services are conducted via a secure platform. There’s no drive time and no waiting rooms. Check out Reilly Counseling’s website for more information to help your loved one.

Melissa Zawisza LCSW
melissa@reillycounseling.com
(817) 953-6300
www.reillycounselingtx.com
Texans Recovering Together

My Healthy My Resources of Tarrant County (MHMR) is offering FREE short-term crisis counseling and stress management to individuals and groups in Tarrant and Denton counties impacted by the COVID19 pandemic as part of the Texans Recovering Together initiative.

Access to the FREE Crisis Counseling Program is available by calling or texting the MHMR ICARE Call Center at 817-335-3022. Trained mental health professionals are available 24/7/365.

- Susanne Malone
- COVIDhelp@mhmrtc.org
- 817-335-3022
- www.MHMRtarrant.org

Texas Health Recovery and Wellness Center

240 N Miller Rd., Mansfield, TX 76063

Substance use disorder treatment - detoxification, residential inpatient and partial-hospitalization

- Jammie Kelley, Director of Clinical Services
- jammiekelly@texashealth.org
- (682) 812-6149

The Art Station

1616 Park Place Avenue, Fort Worth, TX 76110

The Art Station is committed to providing effective, accessible art therapy services to our community. Clinical art therapy services are provided to school-aged children, adolescents, adults and families who reside in Fort Worth and surrounding areas.

In-person and telehealth (virtual) sessions are currently available.

The Art Station is participating as a provider for a number of insurance panels. Some examples of insurance plans currently accepted include Medicaid and CHIPS (Cook’s/Beacon, Amerigroup, Aetna Better Health, Bravo/Cigna-Healthspring, Superior and Traditional), Aetna, Blue Cross & Blue Shield, Humana, and Scott & White. For those without insurance, fee for services are available and financial assistance may be provided based on availability of funds. Free services for qualifying veterans and their family members.

- Jennifer Johnson
- jjohnson@theartstation.org
- (817) 921-2401
- www.theartstation.org
The WARM Place

809 Lipscomb St, Fort Worth, TX 76104

Provide free year-round grief support services to children ages 3 1/2 to 18 and their families as well as young adults age 19 to 25 who have experienced the death of a loved one.

Dana Minor
dana@thewarmplace.org

(817) 870-2272

www.thewarmplace.org

The Women’s Center of Tarrant County

1723 Hemphill, Fort Worth, TX 76110

The Women’s Center provides services to women, men, and children. There are 3 departments – Rape Crisis and Victim Services, Employment Solutions, and General Counseling. Most services are FREE or available for a nominal fee. The RCVS department offers accompaniment services, individual and group counseling, and community education, as well as a 24-hour Crisis Hotline: (817) 927-2737.

Katharine Collier-Esserkesser@womenscentertc.org

(817) 927-4040

www.womenscentertc.org
Uncovering Truths Psychotherapy
Offering low-cost therapeutic services to adolescent/teens, couples, and families battling various mental health concerns related to anxiety, stress, adjustment, and relationship issues.

Ariel D. Davis-Holloway, MS, LMFT-A 203807
davishollowaymft@gmail.com
(817) 369-5709
www.davishollowaymft.wixsite.com/websitesTX

University of Texas at Arlington TRIO Educational Talent Search
503 W 3rd Street, Carlisle Hall, Arlington, TX 76019
Pre-College resources - College Tours, Career Investigation, Workshops and Community Service.

Matt Torres
torres@uta.edu
(817) 272-0398
www.uta.edu

University of Texas at Arlington Upward Bound
701 S Nedderman Dr, Arlington, TX 76019
Upward Bound is currently recruiting 9th-11th graders who are first generation, low-income or attend an Arlington ISD school. UB provides participants with a wide range of free services aimed at improving their academic skills and their motivation and determination to pursue a college education. Qualified students will receive the experience of individualized education planning, special scholarships, tutoring, summer programming and college tours of Texas and beyond. To apply, please visit us at http://www.uta.edu/upward

Rhianna Anglin
upwardbound@uta.edu
(817) 272-2610
www.uta.edu/upward
Youth Advocate Programs, Inc. Tarrant County

7524 Mosier View Ct, Ste. 200 Ft Worth, Texas 76118

YAP is a nationally recognized, nonprofit organization exclusively committed to the provision of community-based alternatives to out-of-home care through direct service, advocacy and policy change. Since our founding in 1975, our expertise and passion have been in serving deep-end, multi-need and cross-system youth and families, though we have success across a continuum of needs and challenges. We provide safe, cost-effective services to youth and families involved in numerous systems, including the Child Welfare, Juvenile Justice, Behavioral Health, Developmental Disabilities, Education and Adult Systems. YAP has offered families and referring entities a community-based program of care that demonstrates a unique ability to adhere to government regulation while providing family-friendly services.

YAP has offered school-based services in response to the increased needs of children in school setting. Changes in the kinds of needs children bring to school have placed additional burdens on teachers and other school staff – burdens they may be unable to bear alone. The stresses of poverty, hunger, family violence and the powerful influences of gangs or drugs in the community exact a terrible toll on children. YAP offers a wide range of School-Based Programming to meet all types of needs.

YAP brings the experience, capability and willingness to work with students at the highest risk of school failure and those with the most complex needs. Court-involved juveniles, special-needs youth, and students residing in low-income housing are included in the population served. These students may be:

• At high risk of expulsion or suspension
• Failing in school due to problems at home
• Presenting behavioral problems
• Returning from Juvenile Detention
• Truant
• Experiencing school phobia/bullying issues
• Involved in substance abuse
• Emotionally or developmentally challenged

Since 1992, the Youth Advocate Program of Tarrant County often referred to as (TCAP) has proven that high-risk youth involved in the juvenile justice system can safely and effectively be served in home and community-based settings at a fraction of the cost of out-of-home placements. YAP offers alternatives to detention and state incarceration, supports youth post-adjudication to help with compliance and other needs, and also provides reintegration support for youth transitioning out of these placements. YAP continually evolves services to meet new needs that emerge for youth involved within the juvenile justice system. As a part of our efforts to provide solutions to at-risk youth and their families, our program employs local advocates who work to empower youth and families to lead healthy, safe and productive lives in our community.

YAP contracts with county mental health systems, Managed Care Organizations (MCO’s), and private insurers to provide both fee for service and case rate Medicaid services. In addition to providing quality services to children and youth with various mental health challenges, YAP specializes in working with individuals with autism spectrum disorders, cross-system youth, and youth who have experienced trauma.

The programs follow YAP’s guiding principles, which include a “no reject, no eject” policy and an optimistic “never give up approach” and infuse person-centered planning, wraparound and family empowerment with other evidence-based interventions tailored to the youth and family’s specific needs.

We serve over 20,000 families a year in more than 100 programs across 29 states and the District of Columbia in rural, suburban and urban areas including 25 major metro areas. Since our beginning in 1975, 100% of our programming occurs in the home communities of the people we serve.

Kimberly Brandon, Southwest Regional Director
kbrandon@yapinc.org
817-801-1612 (Advocate)
817-459-2401 (Behavioral Health)

www.yapinc.org